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HEALTHCARE EQUIPMENT



Clinical Assistance Guide

Aspire Go Turner

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Aspire Go Turner

The Aspire Go Turner provides a simple manual handling solution for transferring a person between one seated surface to another, e.g. bed to wheelchair, with the assistance of one carer or attendant. It is designed for users who can weight bear through their legs, and maintain an upright posture and balance throughout the transfer.

The Go Turner standing sling can be used to provide minimal assistance for sit-stand-sit transfers if required, and supports the user during movement of the device. Users must have good upright stability and should be assessed by a healthcare professional for the ability to safely use this equipment.

The Go Turner is suitable for indoor use, on flat surfaces and over short distances only. It has a very narrow footprint, making it ideal for completing transfers in tight spaces. The pull apart and folding design reduces storage space requirements and helps to transport the product if needed.

Offering a compact and versatile design, the Aspire Go Turner is suitable for Homecare, Acute Care and Aged Care environments.





Aspire Go Turner Standing Sling



IDEAL USER CONDITIONS

The Go Turner is designed to be used by one caregiver to:

- Transfer the user over a short distance, from one sitting surface to another sitting surface

To be able to safely use a Go Turner, the user must:

- Be able to safely weight bear through their lower limbs
- Be able to follow instructions
- Have good sitting and standing balance
- Be able to stand upright with their centre of balance close to the handles (leaning back or not being able to stand straight e.g. due to reduced range of movement at the hips or knees, such that the centre of mass extends beyond the platform, is contraindicated)
- Have appropriate upper limb strength to pull into standing and hold on during manoeuvring of the Go Turner

It would suit users requiring transfer assistance, who meet the above criteria and have been assessed as safe to use this device e.g.:

- People recovering from illness
- People with a disability that limits transfers and mobility
- Formal and family carers to assist within a home or facility environment

SAFE USE REQUIREMENTS

The correct and appropriate use of the Go Turner reduces the risks associated with manual patient handling. The lifting and transferring of patients should always be assessed and planned by a trained health professional.

IMPORTANT – Only approved Go Turner standing slings and accessories are compatible with this product.

WARNING – The Aspire Go Turner is intended for indoor use only

- A clinical assessment should be carried out on the patient by a qualified health professional to determine if the Go Turner is suitable for the transfer
- **ALWAYS** ensure that attendants have read the user manual before operating the patient mover
- **ALWAYS** use a Go Turner Standing Sling when transporting the user any distance
- **ALWAYS** ensure the area where the Go Turner is to be used is clear of obstructions
- **ALWAYS** minimise the distance over which the patient is being transferred by positioning support surfaces as close as possible
- **ALWAYS** ensure brake pedal is in locked position when performing transfers in and out of the Go Turner
- **DO NOT** operate the patient mover without correct manual handling training. If in doubt, Do Not Use
- **DO NOT** use the Go Turner where any doubt exists regarding the safety of the patient mover, including but not limited to wear or damage
- **DO NOT** use the Go Turner with standing slings showing any signs of wear or damage, including fraying
- **DO NOT** exceed the 150kg safe working load of the Go Turner
- **DO NOT** leave user unattended at any time
- Inspect all safety labels on the Go Turner and replace all labels that are damaged or not readable

SAFE USE INSTRUCTIONS

Preliminary Checks

Complete the following checks prior to use:

1. Check the standing sling is free from wear and damage
2. Check that the brakes are able to engage and disengage

Setting Up The Environment

1. Ensure the area around the Go Turner and user is clear of obstructions, including pets or infants
2. Minimise the distance over which the patient is being transferred by positioning support surfaces as close as possible

Transferring To The Go Turner

3. Secure the sling on the user whilst they are sitting
4. Position the Go Turner close to the user
5. Apply the brakes by pressing down on the brake pedal with your foot until it locks
6. Ask the user to position their feet on the footplate, then grasp the Grab bar and stand up with lower legs against the Knee Pad for support. The caregiver can provide minimal assistance by using the handles on the sling to guide the person into standing
7. Once the user is fully standing, secure the standing sling to the Go Turner and disengage the brake to complete the transfer

Transferring From The Go Turner

1. Position the Go Turner close to the seat, bed or toilet
2. Apply brakes by pressing down on the brake pedal. Have the user support themselves on the Go Turner and detach the standing sling from the Go Turner
3. The user can now slowly lower themselves onto the seat using the Grab bar for support. The carer should hold the Go Turner by the handlebars throughout this operation
4. Ensuring that the user has removed their feet from the footplate, the carer can now release the brake pedal and wheel the Go Turner away
5. Remove the sling

General

1. Always ensure user is centred on the platform
2. Always ensure user centre of mass does not extend beyond the platform
3. When transferring to or from platform make sure user keeps upper body close to the handlebar and to bend at the knees to perform the transfer

CLIENT OUTCOMES

Assisted Transfers and Mobility

- The Go Turner can aid a user to stand from, and return to sitting on the edge of a bed. Users need to be able to sit independently on the side of the bed and assist stand transfers with pulling themselves into standing using the grab bar. Handles on the Go Turner standing sling can assist caregivers in providing minimal assistance for standing if required
- The Go Turner can aid a user to stand from, and sit on a bed, chair, wheelchair, mobile shower commode, bedside commode or toilet. Transport can be completed over short distances on flat, indoor surfaces, to support transfers from one seated surface to another
- Multiple grab bars assist the user to pull themselves into standing

Sustainability of Supports

- The Go Turner has been designed to be used by one attendant/caregiver, reducing the number of formal carers required for a hygiene shift. NB: It is recommended that a manual handling risk assessment is conducted by a suitably trained health professional and that the service provider's policy is followed.
  NB: It is recommended that formal carers receive training on safe use of the Go Turner and that they demonstrate safe and competent use
- The Go Turner can be used by one able family caregiver within the home
  NB: It is recommended that the caregiver receives training on use of the Go Turner with the person they care for and that they demonstrate safe and competent use
- Reduced manual handling risks for caregivers, as the user can assist with pulling themselves into standing and is supported with the sling during positioning of the Go Turner for transfers

Travel Support

- The pull apart and folding design reduces storage requirements and helps transport the product if needed

SPECIFICATIONS

Overall Length	Overall Height	Overall Width	Knee Pad Height from Footplate	Handle Height from Footplate	Footplate Height from Floor	Overall Unit Weight
mm	mm	mm	mm	mm	mm	kg
685	1205	570	230 – 400	875 – 1145	60	18.9



Sling Compatibility

There are four different sized Go Turner Standing Slings to provide safety and comfort during transportation.

Code	Description	Hip Circumference	SWL
LSS391132	Aspire Go Turner Standing Sling – Small	78 – 98cm	150kg
LSS391133	Aspire Go Turner Standing Sling – Medium	93 – 118cm	150kg
LSS391134	Aspire Go Turner Standing Sling – Large	113 – 138cm	150kg
LSS391135	Aspire Go Turner Standing Sling – X-Large	133 – 158cm	150kg

2 YEARS WARRANTY Go Turner

1 YEAR WARRANTY Standing Slings

Warranty is contingent upon annual servicing being completed for the length of the warranty period.

CARE & MAINTENANCE

For trouble-free operation and prolonged working life of the Go Turner, we recommended periodic inspection by a person suitably qualified and acquainted with the design, use and care of patient movers. If inspection reveals that the safety of the Go Turner has been jeopardised in anyway, the unit should be immediately withdrawn from service, tagged as such, and reported to the owner.

Maintenance Guide & Check List

- Check Castors are fastened securely to the frame
- Castors should run and swivel smoothly – periodically remove any hair or other fibres that have built up within the Castor
- Check that the brakes function normally
- Clean surfaces with a pH-neutral detergent – chlorine and phenol-based detergents should not be used as these may damage patient mover components and surfaces
- All moving parts and pivot points should be routinely checked for fatigue and lubricated if necessary
- Sling retainer hooks should be checked for general wear and tear and replaced if necessary

AIDACARE KNOWLEDGE HUB

Aidacare Website:

- Aspire Go Turner - Patient Mover | Aidacare

PDF Resources:

- Aspire Go Turner Flyer
- Aspire Go Turner User Manual

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