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HEALTHCARE EQUIPMENT



Clinical Assistance Guide

Aspire Bariatric Shower Commode

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Aspire Bariatric Shower Commode



The Aspire Bariatric Shower Commode is a robust and durable mobile commode, designed for the bariatric client, to provide safety, comfort and support for transfers and mobility for hygiene needs, either at the bedside, over the toilet, or in the bathroom.

FEATURES

- Super Heavy Duty Bariatric design with 790mm seat and 350kg SWL
- Anti-bacterial frame coating for improved infection control
- Removable arms to assist with positioning and allow lateral slide transfers
- Height adjustable, swing away footrests for optimal positioning and ease of transfers
- Padded seat and arms for maximum comfort
- 4 x lockable castors maximise safety by providing carer access to a brake at all angles around the commode
- Comes standard with pan and carrier

Compatible Accessories:

- Pan carrier; bowl; bed pan
- Oxygen bottle carrier
- Adjustable pelvic strap
- Adjustable IV pole

IDEAL USER CONDITIONS

A mobile shower commode is an open seat on wheels that can be used in the shower, positioned over a toilet or used with a pan at the bedside. Shower commodes are designed to assist people who have reduced balance, mobility or difficulty standing for long periods in the shower or to use the toilet. They can also improve safety for both the client and the carer by reducing the number of transfers required for bathroom tasks.

Aidacare's range of Bariatric equipment is engineered to be more robust than our standard range.
The increased build-quality results in more durable products that help ensure the safety and independence of our customers.

The bariatric mobile shower commode would benefit people who:

- Have reduced strength, standing balance, mobility or endurance and require support for showering and/or toileting
- Require a mobile shower commode with the wider 790mm seat width and 350kg SWL
- Require a wider, more supportive or padded surface to manage hygiene during extended sitting
- Require an over toilet aid with a safe working load matching their needs due to toilet seat being unsuitable or providing limited support

Considerations for use:

- Access to bathroom and toilet requires accessways, door widths and circulation space that can accommodate the 900mm chair width, the seated MSC user and the number of carers assisting
- Consider floor surfaces and change of floor covering or trims for ease of wheeled access
- Consider durability of floor surface to manage manoeuvrability and weight of client, equipment and carers
- A level access shower recess is required with a shower base that has a safe working load to accommodate the client, equipment and carers

CLIENT OUTCOMES

Improved access for transfers:

- Swing away footplates enable positioning of MSC to facilitate standing transfers
- Removable arm rests assist with positioning and allow lateral slide transfers

Improved safety and reduced falls risk for showering and toileting:

- A mobile shower commode (MSC) enables seated mobility to the bathroom and seated showering, minimising the falls risk for users with reduced balance, mobility, pain, fatigue, shortness of breath or reduced endurance for hygiene routines
- A MSC assists users and/or carers to maintain hygiene with sponge washing when a shower is not accessible or not required each day
- For clients with urinary urgency, the Aspire Aluminium Commode can be used as a bedside commode for overnight toileting
- 4 lockable castors maximise safety

Energy conservation, reduced pain, fatigue or shortness of breath for hygiene routines:

- Seated support for the complete hygiene routine including mobility, toileting and showering, will aid endurance and reduce pain and fatigue
- A mobile shower commode reduces the number of transfers required which benefits the client with pain or fatigue

Independent showering, toileting and grooming:

- For people requiring carer support, a shower commode can be moved in to place then allow the person to carry out personal hygiene in private, without the aid of a carer or with minimal assistance where required

Improved carer safety and sustainability of formal and informal supports:

- Reduced manual handling due to minimising the number of transfers required for showering and toileting routines
- Reduced injury risk to the carer by reducing the falls risk of the client during transfers, mobility or standing during showering and toileting routines, especially in a confined space or where there are wet surfaces
- Improved safety for client and carer(s) in confined spaces where there is limited room to assist with transfers or to reach to assist with hygiene. The MSC can be wheeled into position and moved to a more suitable space to enable assistance to complete hygiene or enable safe transfers

Improved health and wellbeing:

- Improved independence, control and sense of dignity can have positive impacts on health and wellbeing

SPECIFICATIONS

Overall Width	900mm
Overall Height	990mm
Seat Width	790mm
Backrest Height	430mm
Armrest Height	170mm
Anterior Seat Height	570mm
Posterior Seat Height	570mm

COMPLIANCE

AS/NZS 3973:2009

WARRANTY

5 YEARS WARRANTY Corrosion

1 YEAR WARRANTY Components



SUPPORTING EVIDENCE

- Friesen, E. L. (2019). An introduction to the electronic Mobile shower commode Assessment Tool (eMAST)
- Understanding occupational engagement for individuals with bariatric needs: The perspectives of Australian Occupational Therapists Narelle Ellison BSc (OT) Honours, Sharon Keesing BAppSc (OT), MSc (OT), PhD, Courtenay Harris BAppSc (OT) GDipEd, MSc (OT), PhD, Australian Occupational Therapy Journal Volume67, Issue5 October 2020 Pages 417-426

LINKS

- Occupational Therapy evidence-based practice guidelines for the prescription of bariatric home modifications, Peninsula Health Care Network (2015)
- Manual handling risks associated with the care, treatment and transportation of bariatric (severely obese) patients in Australia, Australian Government, Australian Safety and Compensation Council, March 2009
- Moving Guide – Bariatric clients
- Mobility HQ Buyer's Guide to Bariatric Equipment

AIDACARE KNOWLEDGE HUB

Aidacare Website Link:
- Aspire Bariatric Shower Commode

PDF Library:
- Aspire Mobile Shower Commode Flyer
- Solutions for Living - Supporting Bariatric Care

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